## John Adams' Proclamation of a Day of Humiliation, Fasting and Prayer

On May 9th, 1798, John Adams, second President of the United States, proclaimed a national Day of Solemn Humiliation, Fasting and Prayer, affirming, "That the citizens of these States, abstaining on that Day from their customary worldly occupations, offer their devout addresses to the Father of Mercies, agreeably to those forms or methods which they have severally adopted as the most suitable and becoming: That all Religious Congregations do, with the deepest humility, acknowledge before God the manifold sins and transgressions with which we are justly chargeable as individuals and as a nation; beseeching Him, at the same time, of His infinite grace, through the Redeemer of the world, freely to remit all our offences, and to incline us, by His Holy Spirit, to that sincere repentance and reformation which may afford us reason to hope for His inestimable favour and Heavenly Benediction... That the principles of genuine piety and sound morality may influence the minds and govern the lives of every description of our citizens; and that the blessings of peace, freedom, and pure religion, may be speedily extended to all the nations of the earth... JOHN ADAMS"

